

# Get a new lease of life with joint surgery



## Painful joints? Here's a few operations that might help

### Hip replacement

Is a surgical procedure in which the damaged or worn parts of the hip are removed and replaced with a new artificial implant made out of metal and or ceramic, and high-grade polymer. Hip replacements are proven, successful operations that improve the quality of life for patients.

### Knee replacement

Is a surgical procedure in which the damaged or worn parts of the knee are removed and replaced with an artificial

joint containing metal and high-grade polymer. It's a very successful operation for the vast majority of patients.

### Partial knee replacement

Is a surgical procedure in which just the damaged or worn portions of the knee are removed and replaced with a new partial artificial implant made out of metal and high-grade polymer. The advantage of this operation over a total knee replacement is the preservation of all ligaments and normal joint surfaces

resulting in a knee that's biomechanically more normal. Other benefits of this operation are a smaller incision, less blood loss, a shorter time spent in hospital and a quicker recovery period.

### Knee arthroscopy

Is a keyhole procedure most commonly performed for cartilage (meniscal) tears, loose bodies and cartilage defects due to early arthritis. The arthroscope contains optic fibres that transmit an image of your knee through a small camera to a computer monitor. This image allows Mr Cohen to thoroughly examine the inside of your



## MEET THE EXPERT

**Mr Daniel Cohen, Orthopaedic Consultant  
— Hip & Knee Specialist, BMI The Highfield  
Hospital**

Mr Cohen provides a patient-centred hip and knee service at BMI The Highfield Hospital. Combining traditional methods with modern technology, Mr Cohen aims to achieve the very best results for his patients by considering all the options available, ranging from advice and physiotherapy to keyhole or joint replacement

surgery. With many years of consultant experience, Mr Cohen's outcomes are exemplified by excellent patient feedback and his National Joint Registry data.

Mr Cohen was awarded a Commendation when he received his medical degree from the University of Liverpool. He then completed higher surgical training on the Mersey rotation, before embarking on complex hip and knee replacement fellowships. Mr Cohen was appointed as the John Charnley International Arthroplasty Fellow at Wrightington Hospital. Mr Cohen also completed national and international travelling fellowships and visitations to Massachusetts General Hospital, Boston, USA; Musgrave Park Hospital, Belfast and The Queen's Medical Centre, Nottingham. Mr Cohen has published and presented nationally and internationally and was the recipient of the Jacques Duparc Award from the European Federation of National Associations of Orthopaedics and Traumatology.

Mr Cohen is the Joint Replacement Lead at Pennine Acute NHS Trust of the Northern Care Alliance and an Honorary Senior Lecturer at the University of Salford, Manchester.

*I felt my life was over  
until Mr Cohen replaced  
my hip and now my life  
has begun again.*

*- Patient testimonial*

knee and determine the cause of your problem.

During the procedure, surgical instruments can be inserted

through small incisions to remove or repair damaged tissue. Arthroscopic knee surgery is performed as a day case and is followed by regular physiotherapy treatment to maximise the outcome.

● Private practice PA: Hilary Williams  
T: 01706 766607

E: [hilary.williams@bmihealthcare.co.uk](mailto:hilary.williams@bmihealthcare.co.uk)  
[danielcohenortho.co.uk](http://danielcohenortho.co.uk)